

# Skin Prick Testing (SPT) Consent Form



**Consent for patient:** Please supply the patient with "Skin Prick Testing - Patient Information Sheet" which can be accessed from the following web page: <https://www.pathlab.co.nz/prepare>

The skin prick testing reagents that we use are not registered in New Zealand, so can only be used under Section 29 of the Medicines Act. These products are used widely through the world including in Australia. Section 29 requires the laboratory to notify the supplier of the skin prick testing reagents, (NZMS) with the names of patients who have been tested with these reagents. NZMS then forward the names to Medsafe, the drug monitoring body within the Department of Health. The information is then kept in a confidential database as required under the Medicines Act.

Skin sensitivity tests are very safe, the risk of anaphylaxis is less than 2 per 10,000 (0.02%). If you feel at all unwell during the test, it is important to inform the staff member performing the test. In addition, if you have any concerns after the testing, please contact your GP immediately.

**I have read and understood the information supplied to me on skin prick testing, including discontinuation of interfering drugs e.g. antihistamines, for the specified time prior to testing.**

**PATIENT name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PATIENT signature:** \_\_\_\_\_

*Parent/Guardian to sign if patient under 16*