

# RECTAL SWAB – SELF COLLECT

## CHLAMYDIA / GONORRHOEA / TRICHOMONAS

The following information is provided as general guidance only.

Any clinical questions should be directed to your healthcare provider.

### Preparation:

The Kit contains - one green-cap molecular tube.

### Collection Procedure:

1. Open the pack and remove the swab from the molecular tube.
2. Hold the swab by the plastic shaft.
3. Gently insert the swab about 2-4 cm into the anal canal, gently rotate the swab for 10–30 seconds.
4. Carefully remove the swab.
5. Unscrew the lid of the tube and insert the swab into the tube, gently snap off the swab at the marked line (see red arrow), securely tighten the lid.
6. Discard the remaining swab shaft and holder.
7. Label the tube with your details: **Last Name, First Name, and Date of Birth (DOB)**.
8. Record the **date and time of collection** on the laboratory request form.
9. Place the labelled, capped tube into the laboratory bag provided.



Check your sample is labelled with your full name and date of birth

Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
 07 858 0795