

# SCHISTOSOMIASIS / BILHARZIA

## FAECES SPECIMEN

### PATIENT INFORMATION SHEET

The following information is provided as general guidance only. Any questions should be directed to your healthcare provider.

The collection site provides the kit only; collection facilities are not available.

#### Preparation:

The specimen may be examined for eggs of *Schistosoma* (the parasite that causes bilharzia).

Follow any additional instructions given by your healthcare provider.

3 x Specimen containers will be supplied by the laboratory.

#### Collection Procedure:

- 1) Wash your hands thoroughly with soap and water.
- 2) Collect a fresh stool sample in a clean, dry container
- 3) Avoid contaminating the sample with urine or water.
- 4) Close the container securely.
- 5) Label the container with your name, date of birth, and date of collection.
- 6) Deliver the specimen to the laboratory as soon as possible, preferably the same day.
- 7) **Collect a total of 3 samples on 3 separate days**, delivering each sample to the laboratory on the **same day it is collected**.

***Your results can only be obtained from the requesting doctor***

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Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
07 858 0795