

Skin Prick Testing (SPT) Referral Form



Please fill out electronically, ensuring ALL information requested is detailed, then print, sign and email to immunology@pathlab.co.nz

PATIENT Name: _____ **Gender:** M F
DOB: _____ **NHI:** _____ **Contact number:** _____

Collection Centre for Testing:

<input type="checkbox"/> Pathlab Hamilton, Tristram Street	<input type="checkbox"/> Pathlab BOP, Baymed
<input type="checkbox"/> Pathlab Whakatane Hospital	<input type="checkbox"/> Pathlab Thames
<input type="checkbox"/> Pathlab Taupo Hospital	<input type="checkbox"/> Pathlab BOP, Cameron Rd
<input type="checkbox"/> Pathlab Rotorua Hospital	<input type="checkbox"/> Pathlab Matamata

REQUESTOR Name: _____ **Location:** _____

Signature of Requestor: _____ **Date:** _____

Clinical Indication

Allergic rhinitis/conjunctivitis Asthma Eczema Acute allergic reaction to an identifiable food

Skin prick testing is generally not useful outside these indications. For cases outside these indications, consider discussion with the Pathlab immunology department or a pathologist as to whether skin prick testing is indicated.

Allergens (Please tick only those allergens that have clinical relevance to your patient):

<input type="checkbox"/> Grass Mix	<input type="checkbox"/> Alternaria	<input type="checkbox"/> Cod fish	<input type="checkbox"/> Soy Bean Flour
<input type="checkbox"/> White Birch	<input type="checkbox"/> Cat Epithelia	<input type="checkbox"/> Egg (White)	<input type="checkbox"/> Peanut
<input type="checkbox"/> Plantain	<input type="checkbox"/> Dog Epithelia	<input type="checkbox"/> Cow's Milk	<input type="checkbox"/> Shrimp
<input type="checkbox"/> Aspergillus	<input type="checkbox"/> House Dust Mite	<input type="checkbox"/> Wheat Flour	

Allergens not on this list are not routinely available for skin prick testing at Pathlab. EAST/RAST testing must be requested on a normal laboratory request form.

Please complete ALL the following questions on behalf of your patient:

For women, are you pregnant? Yes No If yes skin prick testing should not be performed.

Do you have severe/uncontrolled asthma? Yes No
Uncontrolled/severe asthma is a contraindication to skin prick testing.

Have you had a serious allergic reaction requiring hospitalisation or emergency treatment? Yes No
If the answer is yes to any of the questions above, consider a blood test for specific IgE antibodies (EAST/RAST), or discussion with a pathologist/immunologist.

Caution Antihistamines or drugs with anti-histamine activity e.g. tricyclic antidepressants, can cause falsely negative skin prick test results. Please arrange for your patient to stop these at least 72 hours before skin prick testing. If these medications cannot be safely stopped please consider blood tests instead.

Consent for patient Please supply the patient with information on skin prick testing as per the following website path: <https://bit.ly/3k78K6c>

I have read and understood the information supplied to me on skin prick testing.

Histamine produces a small, itchy red lump (like a mosquito bite) at the application site, usually without any other side effects. Histamine has been used for this purpose in New Zealand and internationally for many years without problems. Histamine however, is not registered as a drug in New Zealand, so can only be used under Section 29 of the Medicines Act. This requires the laboratory to notify the supplier of Histamine (NZMS) with the names of patients who have been tested with Histamine and allergens. NZMS then forward the names to Medsafe, the drug monitoring body within the Department of Health. The information is then kept in a confidential database as required under the Medicines Act.

PATIENT Name _____ **Date** _____

PATIENT Signature _____ *(Parent/Guardian to sign if patient under 16)*

Please email completed referral form to immunology@pathlab.co.nz