

CYTOLOGY URINE PATIENT INSTRUCTIONS

It is important to follow these instructions carefully to ensure your test results are accurate.

Preparation:

- The specimens are to be collected over **3** consecutive days into the **3** separate containers.
- Do not collect the 1st urine of the day.
- Mid morning is the preferred time for specimen collection.
- You must have a form for each day.
- **This sample can be collected at home and taken to a Pathlab collection facility or Medical Centre each day.**

Collection Procedure:

1. Pass first portion of urine into the toilet.
2. Then pass some urine into the plastic dish. This is the (mid-stream) specimen needed.
3. Pass any remaining urine into the toilet.
4. Take the lid off the specimen container and fill with urine from the plastic dish to the 50mL line.
5. **Please ensure lid is screwed on tightly.**
6. Discard plastic dish into rubbish bin.
7. **Ensure the specimen bottle is labelled with full name, date of birth, the time and date of the specimen collection.**

Warning:

The specimen container you are given may contain a clear fluid fixative of 50% Isopropanol. Avoid contact and do not consume. Keep out of reach of children.

Your results can only be obtained from the requesting doctor

If you have any problems, please contact one of the following:

Waikato
07 858 0799

Bay of Plenty
07 578 7073

Whakatane
07 306 0906

Rotorua
07 348 2106

Taupo
07 376 5103
07 376 1045

CYTOLOGY MIMI (Cytology Urine)

He mea nui ki te whai i enei tohutohu kia tika ai to hua whakamatautau.

Whakaritenga:

- Me kohia nga taura i roto i nga ra e 3 ki roto i nga ipu motuhake e 3.
- Kaua e kohia te mimi tuatahi o te ra.
- Ko te waenganui o te ata te wa pai mo te kohinga taura.
- Me whai puka koe mo ia ra.

Te Tikanga Kohinga:

1. Tukua te wahi tuatahi o te mimi ki roto i te wharepaku.
2. Katahi ka tuku mimi ki roto i te rihi kirihou. Koinei te taura (waenganui-awa) e hiahiatia ana.
3. Tukua nga toenga mimi ki roto i te wharepaku.
4. Tangohia te taupoki o te ipu taura ka whakakii ki te mimi mai i te rihi kirihou ki te raina 50mL.
5. Tena koa kia mau te taupoki.
6. Makahia te rihi kirihou ki roto i te ipu para.
7. Me whakarite kua tapaina te pounamu taura ki te ingoa katoa, te ra whanau, te wa me e ra o te kohinga taura.

Whakatupato:

Ko te ipu taura ka hoatu ki a koe kei roto pea he 50% Isopropanol. A ape i te whakapiri me te kore e pau. Kaua e taea e nga tamariki.

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