

ACR (Albumin Creatinine Ratio) URINE

PATIENT INSTRUCTIONS

It is important to follow these instructions carefully to ensure your test results are accurate.

Preparation:

Collect the correct container from the laboratory collection room.

Collection Procedure

- Wash your hands.
- Pass a small urine sample into the plastic dish (this is the required random sample).
- Flush the rest of the urine down the toilet.
- Pour urine from the dish into the specimen container until half full.
- Tighten the lid securely.
- Throw the plastic dish in the rubbish.
- Label the container with **full name, date of birth, and collection time/date**.
- Place the container in the bag, put the lab form in the outer pocket, seal the bag, and deliver to the laboratory.

Your results can only be obtained from the requesting doctor

Please refer to our website for additional information
www.pathlab.co.nz

or alternatively contact
07 858 0795