

# SEMINAL FLUID COLLECTION

## PATIENT INSTRUCTIONS

It is important to follow these instructions carefully to ensure your test results are accurate.

### Preparation :

Specimens ONLY to be collected and dropped off Monday – Friday inclusive:

- Cameron Rd, Tauranga – before 4.30pm
- Pathlab Rotorua Hospital site, Rotorua – before 4pm
- Pathlab Taupo Hospital site, Taupo – by appointment only (no drop offs)
- Tristram St, Hamilton – before 4pm
- Pathlab Whakatane Hospital site, Whakatane – before 4pm

*Please note, we are not able to process specimens over weekends or public holidays.*

### Collection Procedure:

1. Do not have sexual intercourse or masturbate for at least 2 days but no more than 7 days before collecting your sample. This ensures enough sperm for testing.
2. Wash your hands and penis before collecting the sample to reduce contamination.
3. Collect the sample by masturbation into the provided plastic container. Do not use condoms or lubricants. The entire sample is required. If any is spilled, use a new container and start again.
4. Write your full name, date of birth, and the time of collection on the container
5. Keep the sample warm and deliver to the laboratory within one hour of collection. Complete this form and bring it along with your laboratory request form.

Name: \_\_\_\_\_

Requestor: \_\_\_\_\_

Date of Collection: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_

Days of Abstinence: \_\_\_\_\_

Was any of the specimen spilled : YES/NO (circle one)

***Your results can only be obtained from the requesting doctor***

Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
07 858 0795