

# CYTOLOGY URINE

## (Cytology Urine)

It is important to follow these instructions carefully to ensure your test results are accurate.

### Preparation:

Collect the specimens over three consecutive days, using one separate container each day.  
Do not collect the first urine of the day.  
Mid-morning is the preferred time for collection.  
A separate request form is required for each day's specimen.  
Samples may be collected at home and dropped off daily at your nearest collection site

### Collection Procedure:

1. Pass the first portion of urine into the toilet.
2. Then collect urine into the plastic dish provided — this is the mid-stream sample required.
3. Pass any remaining urine into the toilet.
4. Remove the lid from the specimen container and pour urine from the dish into the container, filling to the 50 mL line.
5. Please ensure lid is screwed on tightly.
6. Discard plastic dish into rubbish bin.
7. Label the specimen container with your full name, date of birth, and the date and time of collection.

### Warning

The specimen container may contain a clear **fixative fluid (50% Isopropanol)**. Avoid contact with skin or eyes, **do not ingest**, and keep **out of reach of children**.

***Your results can only be obtained from the requesting doctor***

Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
07 858 0795