

# TUBERCULOSIS EARLY MORNING URINE PATIENT INSTRUCTIONS

The following information is provided as general guidance only. Any questions should be directed to your healthcare provider.

The collection site provides the kit only; collection facilities are not available

## Preparation:

Collect the specimens over three consecutive days, using one separate container each day. Early morning is the preferred time for collection.

A separate request form is required for each day's specimen.

Samples may be collected at home and dropped off daily at your nearest collection site

## Collection Procedure:

1. Use a clean container to collect the **total volume** of the 1<sup>st</sup> urine passed of the day.
2. Transfer the entire urine sample into the bottle provided.
3. Ensure this bottle is correctly labelled with your name, date of birth, date / time of collection and whether this is specimen **1, 2 or 3** (corresponding with the day of collection)
4. Ensure the lid is screwed on tightly.
5. **Ensure a copy of the request form is with each specimen.**

***Your results can only be obtained from the requesting doctor***

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Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
07 858 0795