

## Fine Needle Aspiration (FNA) Procedure Information

### What is an FNA?

Fine Needle Aspiration (FNA) is a quick and simple procedure used to collect a small sample of cells from a lump or area of concern. The sample is examined to help diagnose or rule out certain conditions.

### What to Expect

- A very thin needle is gently inserted to collect the cells
- More than one needle insertion may be needed to get enough cells
- The procedure usually takes only a few minutes
- Most people find it causes minimal discomfort, similar to a blood test

### Possible Side Effects

- Mild soreness or bruising at the site
- Rarely, minor bleeding or infection

### Ultrasound Guidance

Sometimes, depending on the size or location of the lump, ultrasound guidance may be recommended.

This will be discussed with you at your appointment.

Please note: Pathlab does not provide ultrasound-guided FNA. If this is required, your GP will need to refer you to a radiologist.

### Receiving Your Results

- Results are usually available within 1–2 weeks
- They are sent to your referring doctor or specialist, who will discuss the results and next steps with you

### Questions?

If you have any questions before your appointment, please contact your GP in the first instance.