

HISTAMINE

PATIENT INSTRUCTIONS

It is important to follow these instructions carefully to ensure your test results are accurate.

SUPPLEMENT PAGE TO 24 Hour Test

Preparation:

The following foods interfere with the estimation and should be avoided for 24hrs prior to and during the collection.

- Cheese
- Yoghurt
- Sauerkraut
- Wine
- Tinned/canned fish.
- Avoid aspirin containing medication if possible
- A list of all drugs being taken must be included on the request form.

Collection Procedure

See 24-hour urine hr.

Your results can only be obtained from the requesting doctor

Please refer to our website for additional information
www.pathlab.co.nz

or alternatively contact
07 858 0795