

# SCHISTOSOMIASIS / BILHARZIA

## URINE SAMPLE

### PATIENT INFORMATION SHEET

The following information is provided as general guidance only. Any questions should be directed to your healthcare provider.

The collection site provides the kit only; collection facilities are not available.

#### Preparation:

3 x Specimen containers will be supplied by the laboratory.

#### Collection Procedure:

- 1) Collect your urine between 12:00 pm and 3:00 pm.
- 2) Before collecting, drink plenty of fluids and then do 10 minutes of vigorous exercise (e.g., running, jumping, or stairs).
- 3) Collect your entire urine void in the provided 600 mL container.
- 4) Write your name, date, and time of collection on the container.
- 5) Place the container in the specimen bag along with a copy of the request form.
- 6) Take the specimen to your nearest Pathlab immediately.

***Your results can only be obtained from the requesting doctor***

Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
07 858 0795