

SCHISTOSOMIASIS / BILHARZIA

URINE SAMPLE

PATIENT INFORMATION SHEET

The following information is provided as general guidance only. Any questions should be directed to your healthcare provider.

The collection site provides the kit only; collection facilities are not available.

Preparation:

3 x Specimen containers will be supplied by the laboratory.

Collection Procedure:

- 1) Collect your urine between 12:00 pm and 3:00 pm.
- 2) Before collecting, drink plenty of fluids and then do 10 minutes of vigorous exercise (e.g., running, jumping, or stairs).
- 3) Collect your entire urine void in the provided 600 mL container.
- 4) Write your name, date, and time of collection on the container.
- 5) Place the container in the specimen bag along with a copy of the request form.
- 6) Take the specimen to your nearest Pathlab immediately.

Your results can only be obtained from the requesting doctor

Please refer to our website for additional information
www.pathlab.co.nz

or alternatively contact
07 858 0795