

SEMINAL FLUID COLLECTION PATIENT INSTRUCTIONS

It is important to follow these instructions carefully
to ensure your test results are accurate.

Preparation :

- Specimens **ONLY** to be collected and dropped off Monday – Friday inclusive:
 - Cameron Rd, **Tauranga** – before 4.30pm
 - Pathlab Rotorua Hospital site, Rotorua – before 4pm
 - Pathlab Taupo Hospital site, **Taupo** – by appointment only (no drop offs)
 - Tristram St, **Hamilton** – before 4pm
 - Pathlab Whakatane Hospital site, **Whakatane** – before 4pm

Please note, we are not able to process specimens over weekends or public holidays.

Collection Procedure:

1. Do not have intercourse or masturbate for a minimum of two days, but no longer than seven days, before providing the sample. This ensures optimal numbers of sperm present.
2. Wash your hands and penis before collecting the sample, to minimise transfer of bacteria from your skin into the sample.
3. Collect the sample by masturbation into the plastic jar provided. Do not use any form of condom or lubrication. **N.B. The whole sample is required for testing, if you spill any, please obtain a fresh container and collect a fresh sample.**
4. Label the container with your full name, date of birth (DOB) and the time that you collected the sample.
5. It is important to keep the sample warm and deliver to the laboratory site listed above **within one hour of collection.**
6. Complete the details and bring this form with the laboratory request form.

NAME: _____

DOCTOR: _____

When was the sample collected? Date: _____ Time: _____

How many days abstinence have you had? _____

Was any of the specimen spilled? YES / NO
Please Circle One

Your results can only be obtained from the requesting doctor

If you have any problems, please contact one of the following:

Waikato
07 858 0799

Bay of Plenty
07 578 7073

Whakatane
07 306 0906

Rotorua
07 348 2106

Taupo
07 376 5103
07 376 1045

NGA TOHUTOHU MATUA (Seminal Fluid Collection)

He mea nui kia ata whai i enei tohutohu
kia tika ai o hua whakamatautau.

Te Whakarite:

- Ko nga taura ANAKE hei koho me te tuku mai i te Mane – Paraire me te whakauru:
 - Cameron Rd, Tauranga – i mua i te 4.30pm
 - Pathlab Rotorua Hospital site, Rotorua – before 4pm
 - Pathlab Taupo Hospital, Taupo – ma te whakarite anake (kaore he hekenga)
 - Tristram St, Kirikiriroa – i mua i te 4pm
 - Pathlab Whakatane Hospital site, Whakatane – before 4pm
- Kia mahara, kaore e taea e matou te whakahaere taura i nga wiki, i nga hararei whanui ranei**

Te Tikanga Kohinga:

1. Kaua e whakapourihia, kaua e whakapouri mo te iti rawa o nga ra e rua, engari kaua e neke atu i te whitu nga ra, i mua i te tuku taura. Ma tenei ka whakarite te maha o nga parāoa e noho ana.
2. Horoia o ringaringa me o ure i mua i te koho taura, hei whakaiti i te whakawhiti huakita mai i to kiri ki roto i te taura.
3. Kohia te taura ma te titoo ki roto i te ipu kirihou kua whakaratohia. Kaua e whakamahi i tetahi ahua o te ure me te whakahinuhinu. N.B. Ko te taura katoa e hiahiatia ana hei whakamatautau, mena ka maringi koe, me tiki he ipu hou ka kohia he taura hou.
4. Tapahia te ipu me to ingoa katoa, te ra whanau (DOB) me te wa i kohia e koe te taura.
5. He mea nui kia mahana te taura me te tuku ki te waahi taiwhanga kua whakarārangitia i runga ake nei i roto i te haora kotahi o te kohinga.
6. Whakaotia nga korero me te kawe mai i tenei puka me te puka tono taiwhanga.

INGOA _____

TAATA: _____

Nonahea te taura i kohia?: _____ Rā: Wā _____

E hia nga ra i noho puku koe? _____

I maringi tetahi o nga taura? _____ Ae / NO

Me prorowhita tetahi

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