

FAECES HELICOBACTER PYLORI ANTIGEN PATIENT INSTRUCTIONS

The following information is provided as general guidance only. Any questions should be directed to your healthcare provider.

The collection site provides the kit only; collection facilities are not available.

Preparation:

Collect faecal specimen collection pack from a laboratory collection room.

Before collecting your specimen, do not take any Proton Pump Inhibitors or Bismuth-containing medications for 2 weeks. This includes medications such as Somac, Losec, Zoton, Colloidal De-Nol, Roter, and Helidac

Collection Procedure:

- 1) Pass the specimen into the plastic container provided, taking care not to contaminate it with urine or toilet water
- 2) Using the scoop attached to the lid of the bottle collect at least 1/3 of the bottle in quantity.
- 3) Label the bottle with your full name, your date of birth and the time and date of the specimen collection.

Deliver the specimen to the Laboratory or to your doctor's surgery on the same day as it is collected

Your results can only be obtained from the requesting doctor

Please refer to our website for additional information
www.pathlab.co.nz

or alternatively contact
07 858 0795