

CYTOLOGY URINE

(Cytology Urine)

It is important to follow these instructions carefully to ensure your test results are accurate.

Preparation:

- The specimens are to be collected over **3** consecutive days into the **3** separate containers.
- Do not collect the 1st urine of the day.
- Mid-morning is the preferred time for specimen collection.
- You must have a form for each day
- This sample can be collected at home and dropped off to your nearest collection site or Medical Centre each day.

Collection Procedure:

1. Pass first portion of urine into the toilet.
2. Then pass some urine into the plastic dish. This is the (mid-stream) specimen needed.
3. Pass any remaining urine into the toilet.
4. Take the lid off the specimen container and fill with urine from the plastic dish to the 50mL line.
5. **Please ensure lid is screwed on tightly.**
6. Discard plastic dish into rubbish bin.
7. Ensure the specimen bottle is labelled with full name, date of birth, the time and date of the specimen collection.

Warning

The specimen container you are given may contain a clear fluid fixative of 50% Isopropanol. Avoid contact and do not consume. Keep out of reach of children.

Your results can only be obtained from the requesting doctor

Please refer to our website for additional information
www.pathlab.co.nz

or alternatively contact
07 858 0795

CYTOLOGY MIMI (Cytology Urine)

He mea nui ki te whai i enei tohutohu kia tika ai to hua whakamatautau.

Whakaritenga:

- Me kohia nga tauira i roto i nga ra e 3 ki roto i nga ipu motuhake e 3
- Kaua e kohia te mimi tuatahi o te ra.
- Ko te waenganui o te ata te wa pai mo te kohinga tauira.
- Me whai puka koe mo ia ra

Te Tikanga Kohinga:

1. Tukua te wahi tuatahi o te mimi ki roto i te wharepaku.
2. Katahi ka tuku mimi ki roto i te rihi kirihou. Koinei te tauira (waenganui-awa) e hiahia ana.
3. Tukua nga toenga mimi ki roto i te wharepaku.
4. Tangohia te taupoki o te ipu tauira ka whakakii ki te mimi mai i te rihi kirihou ki te raina 50mL.
5. Tena koa kia mau te taupoki.
6. Makahia te rihi kirihou ki roto i te ipu para.
7. Me whakarite kua tapaina te pounamu tauira ki te ingoa katoa, te ra whanau, te wa me e ra o te kohinga tauira.

Whakatupato:

Ko te ipu tauira ka hoatu ki a koe kei roto pea he 50% Isopropanol. A ape i te whakapiri me te kore e pau. Kaua e taea e nga tamariki.

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