

VAGINA SWAB – SELF COLLECT

(Not for Chlamydia/Gonorrhoea/Trichomonas)

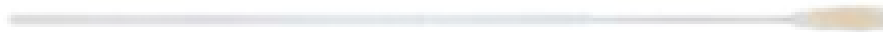
The following information is provided as general guidance only. Please contact your healthcare provider if you have any questions

Preparation:

The Kit contains – One culture swab with white cap

Collection Procedure:

1. Open the package and remove the swab.
2. Hold the swab by the plastic shaft
3. Gently insert the swab about 5 cm into the vagina and rotate it for 10–30 seconds. Ensure the swab touches the vaginal walls so it absorbs moisture.
4. Carefully remove the swab without letting it touch the skin.
5. Unscrew the lid of the tube. Insert the swab, gently break off the swab. Securely tighten the lid
6. Label the tube with your details: **Last Name, First Name, and Date of Birth (DOB)**.
7. Record the **date and time of collection** on the laboratory request form.
8. Place the labelled. Capped tube into the laboratory bag provided



Check your sample is labelled with your full name and date of birth

Please refer to our website for additional information
www.pathlab.co.nz

or alternatively contact
 07 858 0795